

Good Life Goals Evening Pack – Beavers:

What the evening is about:

Learning about the Good Life Goals, what they entail, and where they come from

Timings (1 hour 15 mins):

17:45 – Flag break

18:00 – Opening game

18:10 – Introduction

18:15 – Goals activity 1

18:25 – Discussion and Goals activity 2

18:50 – Flag down

Introduction:

The Sustainable Development Goals (SDGs) are a plan of goals put together by a big group of leaders of countries called the United Nations to help people live better lives, as well as helping to protect the earth for years and generations to come. The SDGs come with lots of goals and lots of aims which can be difficult for most people to understand, so The Good Life Goals were created! The Good Life Goals help point people towards what they can do to help, instead of telling them what they can't do. The Good Life Goals are as follows:

Goals activity 1:

With each goal, hand a beaver the relevant card and get them to line up from 1-17, talking through the goals. Beavers will need to listen carefully as the information from this activity feed directly into the game they will be playing next.

1. Help end poverty – Poverty is when people live in poor conditions, like not having much access to food
2. Eat better – Eating local and healthy food
3. Stay well – Making sure everyone lives healthy lives
4. Learn and teach – Ensuring everyone gets a good education and keeps learning as they get older
5. Treat everyone equally – Treat women and girls the same way as men
6. Save water – Does what it says on the tin!
7. Use clean energy – Renewable energy sources, like solar panels which you may have seen on people's houses
8. Do good work – Making sure everyone has access to safe work where they can earn money
9. Make smart choices – Supporting new inventions
10. Be fair – Everyone gets treated the same no matter how much money they have or where they come from
11. Love where you live – Make cities safe and friendly
12. Live better – Use things responsibly, like not throwing things away unnecessarily
13. Act on climate – Reducing climate change (the earth getting hotter)

14. Clean the seas – Protecting the wildlife in the seas and stopping rubbish from going into the sea
15. Love nature – Take care of forests and life on land
16. Make peace – Promote peaceful societies
17. Come together – Partner together to work on these goals

Good Life Goals Game:

So, we're going to play a game to help you better understand some of these aims and targets. I'm going to read out an action, and you're going to run to which Good Life Goal you think it relates to!

(Run the game, provided further down in this information pack)

Discussion:

We are meant to complete these by 2030 – 7 years away! Do you think we're on track for that?

Unfortunately not at the moment, largely because covid slowed down progress. The way we track if SDGs are being completed is on a scale of 0-100, with 100 being that they are doing it and 0 meaning not at all.

Goals activity 2:

We're going to talk more about these rankings, but on a human scale. I'll tell you an answer for a corner, and you have to run to which corner you think the right answer is

Round 1: Do you think the number 1 country is Germany, France, America, or Finland?

Correct answer: Finland

Round 2: What number out of 100 do you think the number 1 country, Finland is? 86, 76, 66, or 56?

Correct answer: 86

Round 3: What number out of 100 do you think the last place country is? 29, 39, 49, or 59?

Correct answer: 39

Round 4: What number out of 100 do you think the UK is? 60, 70, 80, or 90?

Correct answer: 80.5

Round 5: Where do you think the UK is ranked out of all the countries in the world? 1st, 5th, 11th, or 17th?

Correct answer: 11th

Conclusion:

So, what have we learned? What the good life goals are and where they came from, why they were introduced, and how different countries are doing!

Badges the evening counts towards:



Good Life Goals Badge:

- Learn about what the Good Life Goals are and why they were brought into place, including learning about the basics of the SDGs
- Understand how you can get involved with completing the Good Life Goals/SDGs
- Discuss global issues and how they vary between first and third world countries
- **Optional criteria:** Complete the Good Life Goals passport
- **Optional criteria:** Choose a goal that you want to do some work towards and outline what you would or will do in the future to complete this goal?

Please note: this badge is on OSM for you to add onto your programme plan as required. Can be ordered via mysa@7th.cdscouts.org.uk

Other badges may apply upon completion of the optional criteria of the Good Life Goals badge and other badges can be easily incorporated if necessary.

GOODLIFE
GOALS



“For the goals to be reached, everyone needs to do their part: governments, the private sector, civil society and **people like you.**”

–The United Nations

The Sustainable Development Goals are the blueprint for a better future. And together we can reach them.

By following the Good Life Goals we can all help make tomorrow better than today. Let’s do this!

#GoodLifeGoals

**GOODLIFE
GOALS
PARTNERS**

F U T E R R A®



1 HELP END POVERTY

GOODLIFE GOALS



HELP END POVERTY

Actions

1

1
Learn the causes of poverty at home and abroad

2
Share and donate what you can

3
Buy from companies that pay people fairly

4
Save, borrow and invest responsibly

5
Demand decent wages and opportunities for all



End poverty in all its forms everywhere.

SUSTAINABLE DEVELOPMENT GOALS

2 EAT BETTER

GOODLIFE GOALS



EAT BETTER Actions

2

1
Learn how we farm, fish and make our food

2
Enjoy more fruits and vegetables

3
Buy local, seasonal and fairly traded food

4
Help children, elderly people and pregnant women to eat well

5
Demand an end to global hunger

2
ZERO HUNGER



End hunger, achieve food security and improved nutrition and promote sustainable agriculture.

SUSTAINABLE DEVELOPMENT GOALS

3 STAY WELL

GOOD LIFE GOALS



STAY WELL Actions

3

1
Learn about, and share, ways to stay healthy

4
Value mental health and well-being

2
Wash your hands and exercise regularly

5
Demand medical care and vaccinations for all

3
Stay safe on or near roads

3 GOOD HEALTH AND WELL-BEING



Ensure healthy lives and promote well-being for all at all ages.

SUSTAINABLE DEVELOPMENT GOALS

4 LEARN AND TEACH

GOODLIFE GOALS



LEARN AND TEACH

Actions

4

1
Keep learning throughout life

2
Teach kids kindness

3
Help girls and boys stay in school

4
Support teachers and keep schools open

5
Defend everyone's right to an education

4 QUALITY EDUCATION



Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

SUSTAINABLE DEVELOPMENT GOALS

5 TREAT EVERYONE EQUALLY

GOOD LIFE GOALS



TREAT EVERYONE EQUALLY

Actions

5

1
Learn and share ways to end sexism

4
Defend women's reproductive rights

2
Raise kids to expect equality

5
Oppose violence against women and girls

3
Respect the men and women who care for families

5 GENDER EQUALITY

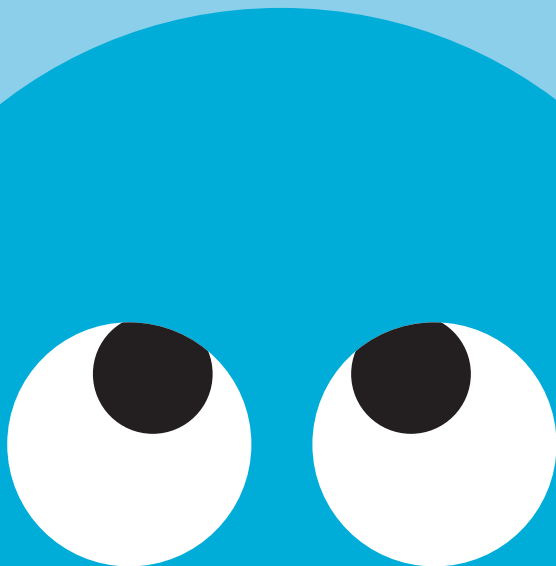


Achieve gender equality and empower all women and girls.

SUSTAINABLE DEVELOPMENT GOALS

6 SAVE WATER

GOODLIFE GOALS



SAVE WATER Actions

6

1
Learn why clean water matters

2
Don't flush any trash or toxic chemicals

3
Report and fix leaks – big or small

4
Save water when brushing your teeth, washing and cleaning

5
Defend people's right to clean water and a toilet

6 CLEAN WATER AND SANITATION



Ensure availability and sustainable management of water and sanitation for all.

SUSTAINABLE DEVELOPMENT GOALS

7 USE CLEAN ENERGY

GOODLIFE GOALS



USE CLEAN ENERGY Actions

7

1
Find out where your energy comes from

2
Save energy wherever you can

3
Use renewable energy for heat, light and power

4
Buy from companies powered by renewable energy

5
Demand clean, affordable energy for everyone

7 AFFORDABLE AND CLEAN ENERGY



Ensure access to affordable, reliable, sustainable and modern energy for all.

SUSTAINABLE DEVELOPMENT GOALS

8 DO GOOD WORK

GOODLIFE GOALS



DO GOOD WORK Actions

8

1
**Learn family
finance skills**

2
**Demand
safe working
conditions**

3
**Check no-one
was exploited
to make what
you buy**

4
**Support local
businesses at
home and
abroad**

5
**Stand up
for everyone's
rights at work**

8 DECENT WORK AND
ECONOMIC GROWTH



Promote sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all.

SUSTAINABLE
DEVELOPMENT
GOALS

9 MAKE SMART CHOICES

GOODLIFE GOALS



MAKE SMART CHOICES

Actions

9

1

Learn about plans for progress in your country

4

Welcome innovations that make the world a better place

2

Stay smart and kind online

5

Demand the benefits from progress are shared

3

Support construction that benefits people and protects the planet

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



Build resilient infrastructure, promote inclusive and sustainable industrialization and foster innovation.

SUSTAINABLE DEVELOPMENT GOALS

10 BE FAIR

GOODLIFE GOALS



BE FAIR Actions

10

1 Stay open-minded, listen and learn from others

2 Support leaders who reduce inequality

3 Protect and welcome the vulnerable

4 Buy from companies that pay tax and treat people fairly

5 Stand up for your rights, and the rights of others

10 REDUCED INEQUALITIES



Reduce inequality within and among countries.

SUSTAINABLE DEVELOPMENT GOALS

11 LOVE WHERE YOU LIVE

GOOD LIFE GOALS



LOVE WHERE YOU LIVE

Actions

11

1
Learn about, and take part in, local decisions

2
Prepare for emergencies

3
Get to know your neighbours and welcome new people

4
Protect local trees, wildlife and natural areas

5
Demand safe and good quality public transport

11 SUSTAINABLE CITIES AND COMMUNITIES



Make cities and human settlements inclusive, safe, resilient and sustainable.

SUSTAINABLE DEVELOPMENT GOALS



12 LIVE BETTER

GOODLIFE GOALS



LIVE BETTER Actions

12

1
Learn about sustainable development

2
Reuse, repair, recycle, share and borrow

3
Waste less food and use leftovers

4
Collect friends and experiences, not just things

5
Demand that businesses respect people and planet

12 RESPONSIBLE CONSUMPTION AND PRODUCTION



Ensure sustainable consumption and production patterns.

SUSTAINABLE DEVELOPMENT GOALS

13 ACT ON CLIMATE

GOODLIFE GOALS



ACT ON CLIMATE Actions

13

- 1**
Learn about climate solutions
- 2**
Call for more renewable energy in your country
- 3**
Eat more plants and cut down on meat
- 4**
Walk and cycle rather than drive
- 5**
Demand leaders take bold climate action today

13 CLIMATE ACTION



Take urgent action to combat climate change and its impacts.

SUSTAINABLE DEVELOPMENT GOALS

14 CLEAN THE SEAS

GOODLIFE GOALS



CLEAN THE SEAS Actions

14

1
Learn about life in our seas and oceans

2
Remember that litter ends up in the water

3
Say no to unnecessary plastic

4
Buy sustainable fish and seafood

5
Demand leaders end ocean pollution



Conserve and sustainably use the oceans, seas and marine resources for sustainable development.

SUSTAINABLE DEVELOPMENT GOALS

15 LOVE NATURE

GOODLIFE GOALS



LOVE NATURE Actions

15

1
Discover the wonders of the natural world

2
Protect native plants and animals

3
Never buy products made from endangered wildlife

4
Support companies that protect and restore nature

5
Speak up for threatened forests and natural places

15 LIFE ON LAND



Protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and halt biodiversity loss.

SUSTAINABLE DEVELOPMENT GOALS

16 MAKE PEACE

GOODLIFE
GOALS



16

1
Learn about and use your rights

2
Be kind and tolerant

3
Resist corruption and abuse of power

4
Support the institutions that support people

5
Stand up for fairness and peace

16 PEACE, JUSTICE AND STRONG INSTITUTIONS

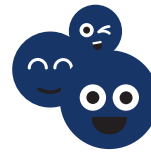
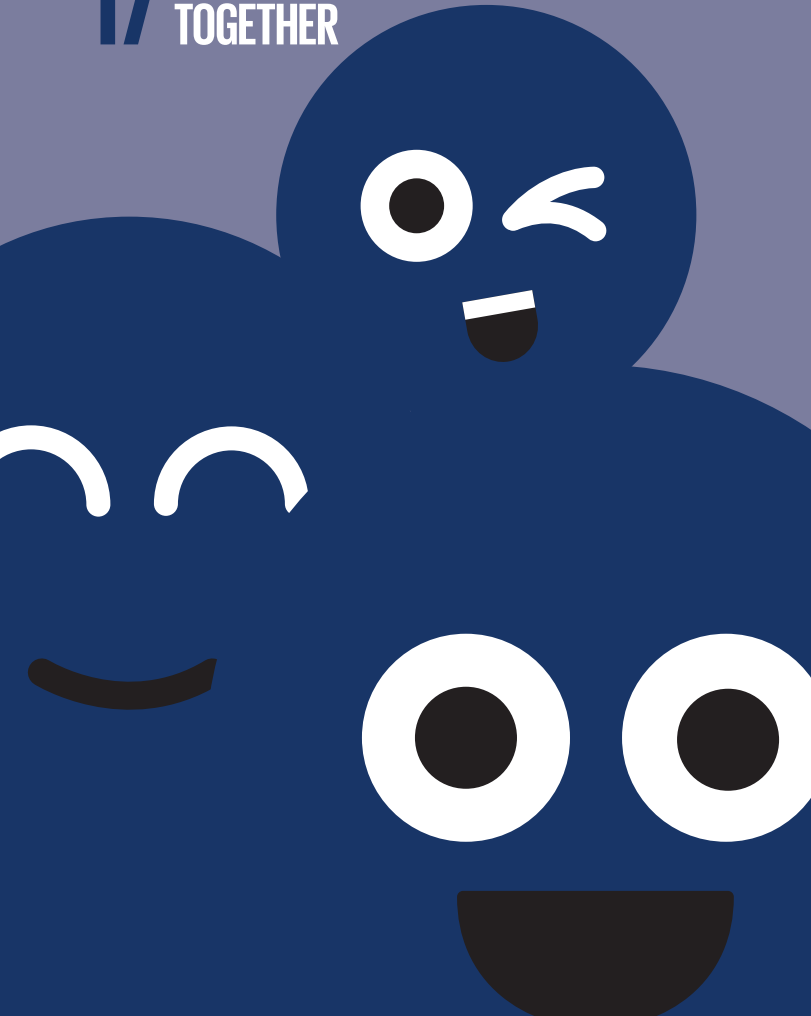


Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels.

SUSTAINABLE
DEVELOPMENT
GOALS

17 COME TOGETHER

GOODLIFE GOALS



COME TOGETHER

Actions

17

1 Discover and share the Sustainable Development Goals

2 Support those who bring us together

3 Celebrate the progress we've already made

4 Get involved and volunteer in your community

5 Help make tomorrow better than today

17 PARTNERSHIPS FOR THE GOALS



Strengthen the means of implementation and revitalize the global partnership for sustainable development.

SUSTAINABLE DEVELOPMENT GOALS

**BE THE
CHANGE**





MY GLOBAL GOALS PASSPORT

Name:

Group:

GOAL 1



Draw Goal 1 here:

One thing I've learnt is

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One action I could take is

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Teacher:

1 HELP END POVERTY



GOAL 4



Draw Goal 4 here:

One thing I've learnt is

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One action I could take is

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Teacher:

4 LEARN AND TEACH



GOAL 2



Draw Goal 2 here:

One thing I've learnt is

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One action I could take is

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Teacher:

2 EAT BETTER



GOAL 5

Draw Goal 5 here:

One thing I've learnt is

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One action I could take is

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Teacher:

5 TREAT EVERYONE EQUALLY



GOAL 3



Draw Goal 3 here:

One thing I've learnt is

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One action I could take is

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Teacher:

3 STAY WELL



GOAL 6



Draw Goal 6 here:

One thing I've learnt is

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One action I could take is

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Teacher:

6 SAVE WATER



GOAL 7

Draw Goal 7 here:

One thing I've learnt is

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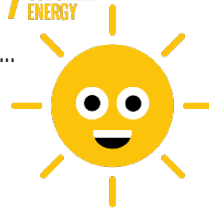
One action I could take is

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Teacher:

7 USE CLEAN ENERGY



GOAL 10

Draw Goal 10 here:

One thing I've learnt is

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One action I could take is

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Teacher:

10 BE FAIR



GOAL 8

Draw Goal 8 here:

One thing I've learnt is

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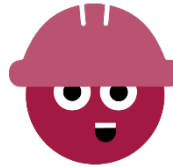
One action I could take is

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Teacher:

8 DO GOOD WORK



GOAL 11

Draw Goal 11 here:

One thing I've learnt is

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One action I could take is

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Teacher:

11 LOVE WHERE YOU LIVE



GOAL 9

Draw Goal 9 here:

One thing I've learnt is

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One action I could take is

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Teacher:

9 MAKE SMART CHOICES



GOAL 12

Draw Goal 12 here:

One thing I've learnt is

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One action I could take is

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Teacher:

12 LIVE BETTER



GOAL 13



Draw Goal 13 here:

One thing I've learnt is

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One action I could take is

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Teacher:

13 ACT ON CLIMATE



GOAL 16



Draw Goal 16 here:

One thing I've learnt is

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One action I could take is

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Teacher:

16 MAKE PEACE



GOAL 14



Draw Goal 14 here:

One thing I've learnt is

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One action I could take is

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Teacher:

14 CLEAN OUR SEAS



GOAL 17



Draw Goal 17 here:

One thing I've learnt is

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One action I could take is

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Teacher:

17 COME TOGETHER



GOAL 15



Draw Goal 15 here:

One thing I've learnt is

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One action I could take is

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Teacher:

15 LOVE NATURE



Which Goal is most important to you and why?

.....

.....



Congratulations! You've now explored the whole world of the Global Goals!

